

Staying Connected Devotional Guide

Praise: Begin time in your journal praising or complimenting God. Like compliments, praise is to ascribe “worth” to God. Not just thanking Him for what He has done (though this is important), but expressing gratefulness for WHO He is. Such compliments and appreciation are usually a part of deep relationships (more than between spouses = Ephesians 5:26-33). This involves at least two elements:

1. This takes time and stillness. It is talking and listening (Psalm 4:4; 46:10)
2. Prayer is the opening of the heart to God as to a friend. The eye of faith will discern God very near, and the suppliant may obtain precious evidence of the divine love and care for him.—(*Gospel Workers*, 34, 35.)

Text: Write out the text word-for-word. Circle and underline parts that stand out to you. Draw pictures of what He brings to mind.

Questions: Write them one at a time in your journal and leave room to write under them what He says *through the text*.

1. Lord, what are you saying to me?

Ex: Psalm 91:1 - I AM your secret place. I am your shield and shelter.

2. What does this have to do with my life?

Ex: Today I will guide, direct and protect you.

3. Lord, what is your invitation?

Ex: Come to me. Spend time with me. . .

Praise: As you end a time with God, sing songs of praise. From your Hymnal/songbook, sing along with a audio/video version of a song, or just sing what God brings to your heart. Enter His court with praise and exit with praise.

Throughout the day: After the time with God, recall the text throughout the day. You may even find that God has prepared you for the day with the special text!

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